

“Cha was sitting at dinner with her boyfriend at the time and a few other friends one evening when the revelation came. Her boyfriend, with all the best intentions, proclaimed to the group “You know, Cha is so beautiful — she’s nearly perfect...except for her teeth”. Having known Iris since college, Cha went to her, explained her situation, and asked her advice. Dr. Vardy responded "Cha, since you don't want to wear visible braces, I suggest we use lingual braces on you. Before you know it, your teeth and smile *will* be perfect." Dr. Vardy corrected Cha's teeth within a year and a half. "People ask me if these are my own teeth since they look so great! I never had anyone comment on my smile and teeth before!" Cha was amazed at how many compliments she received regarding her teeth. She had never thought it would make such a difference in her appearance.

To this day, many years later, Dr. Vardy still gets phone calls from Cha, who is now living in Los Angeles, saying people stop her to compliment her teeth. This photo, taken from Cha's wedding day show off just how much a nice smile can affect your looks.

